# EE-MAC: An Energy-Efficient MAC Scheme for Mobile Ad Hoc Networks

P.Sivanesan<sup>1</sup>, S.Thangavel<sup>2</sup> and J.Suresh<sup>3</sup>

<sup>1</sup>Department of Information Technology, <sup>3</sup>Department of Computer Science and Engineering, Kurinji College of Engineering and Technology, Tiruchirappalli, Tamil Nadu, India

<sup>2</sup>Department of Electrical and Electronics Engineering, K.S.Rangasamy College of Technology, Tiruchengode, Tamil Nadu, India E-mail: p.nesan@gmail.com, sureshkcet@gmail.com

Abstract— A mobile ad hoc network (MANET) is a network where mobile nodes communicate with each other via wireless medium directly or indirectly with the help of other nodes control. Nodes in a MANET are free to move and organize themselves in an arbitrary fashion. Energy-efficient design in MANETs is a significant challenge due to its characteristics such as distributed control, constantly changing network topology, and mobility with limited power supply. The IEEE 802.11 MAC protocol includes a power saving mechanism, but it has many limitations. A new energy-efficient MAC protocol (EE-MAC) is proposed in this paper. It is shown that EE-MAC performs better than IEEE 802.11 power saving mode and exceeds IEEE 802.11 with respect to balancing network throughput and energy savings.

Keywords - Component, Mobile ad hoc networks, MAC protocols, power saving mechanism

### I. Introduction

A mobile ad hoc network is a collection of two or more nodes equipped with wireless communications and networking capabilities without central network control, i.e. an infrastructure-less mobile network. Energy-efficient design in MANETs is more important and challenging than with other wireless networks. First, due to the absence of an infrastructure, mobile nodes in an ad hoc network must act as routers and participate in the process of forwarding packets. Therefore, traffic loads in MANETs are heavier than in other wireless networks with fixed access points or base stations and thus MANETs have more energy consumption. Second, energy-efficient design needs to consider the trade-offs between different network performance criteria. For example, routing protocols usually try to find a shortest path from sources to destinations. It is likely that some nodes will overserve the network and their energy will be drained quickly, and thus cause the network to be partitioned.

Energy efficiency is a major challenge in wireless networks. In order to facilitate untethered communication, most wireless network devices are portable and battery- powered and thus operates on an extremely constrained energy budget. However, progress in battery technology shows that only small improvements in battery capacity can be expected in the near future [1]. Furthermore, since recharging or replacing batteries is costly or, under some circumstance, impossible, it

is desirable to keep the energy-dissipation level of devices as low as possible.

Therefore, simple solutions that only consider power constraints may cause severe performance degradation. Third, no centralized control implies that energy-efficient management in MANETs must be done in a distributed and cooperative manner, which is difficult to achieve. At the wireless interface, energy consumption in idle mode is only slightly less than transmit mode and almost equal to receive mode [2]. Therefore, it is desirable to build a network protocol that maximizes the time the device is in sleep mode (the wireless interface turned off), and maximizes the number of wireless devices in sleep mode. Many protocols have been proposed to deal with this challenge [3–6]. In this paper, a new energy-efficient MAC protocol, EE-MAC, is proposed. The design is most applications of ad hoc networks are datadriven, which means that the sole purpose of forming an ad hoc network is to collect and disperse data. Hence, keeping all network nodes awake is costly and unnecessary when some nodes do not have traffic to carry. The proposed protocol conserves energy by turning off the radios of specific nodes in the network. The goal is to reduce energy consumption without significantly reducing network performance. EE-MAC is based on IEEE 802.11 and its power saving mode, and can provide useful information to the network layer for route discovery. The rest of this paper is organized as follows. Section 2 introduces related work and gives an overview of current energy-efficient protocols for MANETs. Section 3 introduces IEEE 802.11 power saving mode (PSM). Section 4 describes the proposed protocol, EE-MAC. In Section 5, performance results are given and EE-MAC is compared to 802.11 and 802.11 PSM. Finally, some conclusions are given in Section 6.

### II. RELATED WORK

Energy-efficient protocol design is a cross-layer issue and usually spans the network layer and MAC layer. These two layers have different approaches to dealing with power management. At the network layer, energy-efficient routing is a very active research topic. The aim is to choose routes for unicast sessions so as to maximize the overall network lifetime. Essentially, the design principle of energy-efficient

routing is to equally balance energy expenditure among network nodes rather than directly reduce power consumption at each node. On the other hand, the MAC layer approach is to turn off the device network interface when it does not have any traffic. Thus, a design combining routing and MAC considerations is appropriate for energy-efficient protocols. We discuss some of the proposed solutions in the remainder of this section.

Local energy-aware routing (LEAR) [4] is an energy-efficient routing protocol that does not consider the MAC layer, while the dynamic power saving mechanism (DPSM) [3] and the on-demand power management [5] protocols are MAC layer approaches. Geographic adaptive fidelity (GAF) [6] is a cross-layer design, but it needs geographic position devices to provide location information.

LEAR is based on the dynamic source routing (DSR) protocol, where route discovery requires flooding of routerequest messages. The basic idea of LEAR is to consider the willingness of each mobile node to participate in the routing and forwarding of data packets on behalf of others. This is based on the local information of a mobile node. When a routing path is being established, each mobile node relies on information on remaining battery power to decide whether to participate in the selection process of a route path or not. When a node's remaining battery power is higher than a certain threshold, route-request messages are forwarded and the node joins in the route path selection process; otherwise, the message is discarded. Thus, all intermediate nodes along the route path have sufficient power and the first arriving route message is considered to have followed an energy-efficient as well as a reasonably short path. If any of the intermediate nodes drop the route-request message, which means no nodes are willing to join the route path, the source will not receive a single reply even though a route may exist. To prevent this, the source node will resend the same route request message with a lower threshold.

Observing that the fixed beacon interval in IEEE 802.11 PSM wastes energy, DPSM uses adaptively changed ad hoc traffic indication messages (ATIMs). Coupled with a separate DATA window, DPSM can control the transition to the lowpower state in the middle of a beacon interval. Therefore, a node is allowed to en-ter sleep mode after completing any transmissions that are explicitly announced in the ATIM window, and a longer sleep mode time is achieved. Ondemand power management for ad hoc networks bases power management decisions on traffic in the network. The key idea is that transitions from power-saving mode to active mode are triggered by communication events instead of the established beacon interval used in IEEE 802.11 PSM. On the other hand, transitions from active mode to power-saving mode are determined by a soft-state timer which is refreshed by the same communication events that trigger a transition to active mode. A node uses HELLO messages to track its

neighbor's power management state to decide whether or not to send packets to them.

The GAF protocol identifies redundant nodes with respect to routing and turns them off without sacrificing routing fidelity. Each node uses location information based on GPS to associate itself with a virtual grid, where nodes in a particular grid square are redundant with respect to forwarding packets. One master node in each grid stays awake to route packets. With GAF, nodes can be in three states, sleep, discover or active. Initially a node is in the discover state and exchanges discovery messages including grid IDs to find other nodes within the same grid. A node becomes a master if it does not hear any discovery messages for a given period of time. If more than one node can become a master, the one with the longest expected lifetime becomes the master and handles the routing for that grid square.

### III. AN OVERVIEW OF IEEE 802.11 POWER SAVING MODE

Power management can achieve great savings in infrastructure networks. All traffic for mobile stations must go through access points, so they are ideal locations to buffer traffic. However, in ad hoc networks, far more of the burden is placed on the sender to ensure that the receiver is active or awake. Receivers must also be more available and cannot sleep for as long as in infrastructure networks. Power management in IEEE 802.11 power saving mode (PSM) is based on traffic indication messages. Nodes use ATIMs to notify other nodes to prepare to receive data. All nodes have to wake up periodically to listen for ATIMs and check whether they have packets to receive. In PSM [7,8], time is divided into beacon intervals and each beacon interval starts with an ATIM window. This window is the period during which nodes must remain active and no stations are permitted to power down their wireless interface. The ATIM window size is a parameter that can be adjusted. Setting it to 0 means no power management is used. There are four possibilities for a node in terms of ATIMs: the node has transmitted an ATIM, received an ATIM, neither transmitted nor received, or both transmitted and received. Nodes that transmit ATIM frames do not sleep because this indicates intent to transmit buffered traffic. Nodes to which an ATIM is addressed must also keep awake so they can receive data packets from the ATIM sender. A node that both transmits and receives of course needs to be active. Thus, only those nodes that neither transmit nor receive an ATIM can go to sleep after the ATIM window. Figure 1 illustrates the basic PSM operations. Nodes A and B have advertised packets in the ATIM window by sending ATIMs and receiving ATIM-ACKs, both of which are subject to the DCF rules described earlier. Therefore nodes A and B remain awake for the rest of the beacon interval. The transmission of data packets from nodes A and B takes place during the beacon interval. The node that has no packets to transmit can go into sleep mode at the end of the ATIM window if it does not receive an ATIM during the window. In Figure 1, node C enters sleep mode

after the ATIM window, thus saving energy. All sleeping nodes wake up again at the start of the next beacon interval.

The beacon and ATIM window sizes can affect the performance of PSM. Since no data packets are trans-mitted in the ATIM window, overhead in terms of energy consumption and bandwidth is incurred. If we use a small ATIM window to improve energy savings, there may not be enough time to advertise all buffered data packets. Conversely, using a large ATIM window may unnecessarily waste bandwidth and not leave enough time to transmit buffered data. Moreover, PSM also suffers from long packet delivery latency: for each hop that a packet traverses, the packet is expected to be delayed

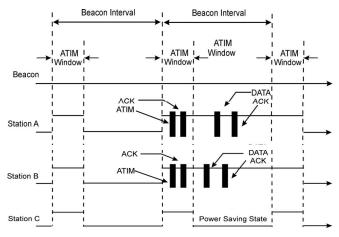


Fig. 1 IEEE 802.11 PSM operation.

for at least a beacon period. PSM was originally de-signed for single-hop networks, which means all nodes in the network are fully connected. However, ad hoc networks are usually multi-hop networks, and thus PSM is not an ideal solution.

# IV. THE PROPOSED EE-MAC PROTOCOL

The key idea of EE-MAC is to elect master nodes from all nodes in the network. Master nodes stay awake all the time and act as a virtual backbone to route packets in the ad hoc network. Other nodes, called slave nodes, remain in an energy-efficient mode and wake up periodically to check whether they have packets to receive. To be fair, a rotation mechanism between masters and slaves is used. EE-MAC uses some features of PSM, such as periodically waking up at the beginning of the beacon interval. EE-MAC can provide knowledge and guidance to the route lookup process, because only master nodes can be selected along a routing path. On the other hand, EE-MAC requires a mechanism to awaken a sleeping node when packet delivery is imminent. This is usually handled by low-level mechanisms at the MAC or physical layers. In EE-MAC, if a node has been a sleep for a while, packets addressed to it are not lost but are stored at one of its upstream nodes, usually a master. When the node awakens, the buffered data is sent to it (this is a PSM feature which is used in our protocol).

The protocol must ensure enough master nodes are elected to build the backbone of the network so that every node has at least one master in its vicinity. A collection of masters can be described as a connected dominating set (CDS). All nodes are either a member of the CDS or a direct neighbor of at least one of the members of the CDS. Nodes in the CDS serve as the routing backbone and remain active all the time. All other nodes are slave nodes and can choose to sleep. Since slave nodes do not join in the process of route discovery or packet forwarding, network connectivity is decreased. To prevent a dramatic decrease in throughput, an acceptable set of masters is required to maintain global connectivity with some redundancy. The master node election algorithm is based on local information, which is a distributed approach. Each node only employs local information to determine whether it will become a master. Due to the characteristics of distributed management in ad hoc networks and the two essential requirements, low overhead and fast convergence, the algorithm for finding a CDS should be localized. The election algorithm is given in the next section. The algorithm must have a fair way to rotate masters and slaves in order to ensure that nodes equally share the job of providing global connectivity. Over-using some critical nodes will severely decrease the network lifetime. Thus, if alternative nodes appear, masters can step down and give the new nodes a chance to serve as masters to balance node energy consumption.

# A. Master Election and Forming a Connected Dominating Set

In this paper, we use the algorithm in [12] modified for the energy saving condition. Given a simple graph G=(V,E), where V is a set of nodes and E is a set of links, a link from u to v is denoted by a pair (u, v). According to [12], a set  $V' \subset V$  is a dominating set of G if every node  $u \in V - V'$  is connected by at least one node  $u \in V'$ . For example in Figure 2, the node sets u,v in a and u, v in b are dominating sets of the corresponding graphs. If all nodes in a dominating sets are connected together, it forms a CDS.

To quickly elect masters in an ad hoc network, we use the following steps:

- 1. Initially assign the marker F each node u in V.
- 2. Each node u exchanges its neighbor set N(u) with all its neighbors.
- 3. u changes its marker to T if there exist nodes v and u such that (w, u) ∈E and (u, v) ∈E, but (w, v) ∉E

The T-marked nodes form a connected dominating set and become masters. While the F-marked nodes become slaves. However, we may not need all T marked nodes elected to act as the back bone of the network because there are redundancies in this set. We say a node is covered if its neighbors can reach each other directly or via other connected T marked nodes. We establish a rule to reduce the number of masters based on

the idea that if a node is covered by no more than k connected T marked nodes. We can change the marker of this node to F. In assuming that  $V_k = \{V_1, V_2, \dots, V_K\}$  is the node set of a connected sub graph in G' and if  $N(u) \subseteq N(Vk)$  in G, then u can change its maker from T to F. This rule can be simply describe as: if every pair of neighbors of a T marked node can be connected directly or via no more than k other connected T marked nodes, this node is marked as F.

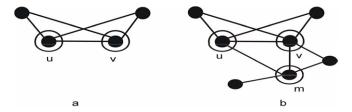


Fig. 2 Connected dominant sets

Two more issues need to be considered node connectivity and node energy. We denote the connectivity level of a node i as CL1 Let N1 be the number of neighbors of node I and C1 be the number of pairs of nodes among these neighbor s that can be connected via i if i becomes a T marked node. Clearly

 $0 \le c_{1 \le} \le \frac{v1}{2}$  and the define the maximum as  $CL_1 \le C_{1 \le} \le \frac{v1}{2}$ . The energy level of node I can be expressed as  $EL_1 = E_{r1}/E_1$ , where  $E_{ri}$  is the remaining node energy and is the initial node energy. Finally, the node id, , will be considered if the two factors given above are identical.

Overall, the rule to reduce redundant T-marked nodes is as follows:

Assuming  $V_k = \{V_1, V_2, \dots, V_i, \dots, V_K\}$  is the node set of a connected sub graph in G', the marker of u is changed to F if one of the following conditions holds:

1) 
$$N(u) = \subseteq N(V'_k)$$
 in G, and for any node  $v_e v_k \qquad N(v_1) \nsubseteq N(V'_k - v_1) \cup N(u)$ .

2) 
$$N(u) \subseteq N(V'_k)$$
 in G, and for some nodes  $V_1, ..., v_1 \in V'_k, N(V_1, ..., v_1) \subseteq N(V'_kV_1, ..., v_1) \cup N(u)$   $EL_u < min\{EL_1, EL_2, ..., EL_3\}$  or  $CL_u < min\{CL_1, CL_2, ..., CL_3\}$  If  $EL_u < min\{EL_1, EL_2, ..., EL_3\}$  or  $id_u < min\{id_1, id_2, ..., id_1\}$  If  $EL_u < min\{EL_1, EL_2, ..., EL_3\}$  and  $CL_u < min\{CL_1, CL_2, ..., CL_3\}$ 

After connected dominating set selection and reduction, all T-marked nodes will become masters and the other nodes will become slaves. We use periodically broadcasted HELLO messages to make each node in the network aware of its neighbors' status, including whether or not they are masters, their current masters and their current neighbors. Using a small value for k will increase network connectivity but there will be many redundant masters which will consume more energy. Conversely, a large value for k will save energy but decrease the robustness of the network. In addition, a large k will usually require more frequent HELLO messages to collect information. To balance the energy savings and network throughput, we use k=3 in this paper.

As mentioned above, rotation of masters and slaves is an important design requirement. The rotation of masters and slaves is done to allow every possible node to have a chance to become a master, and let current masters change their role to save energy. Each master periodically checks if it should withdraw as a master. The conditions to trigger a withdrawal are essentially the same as for CDS reduction given above. However, in order to balance the network load, we force some masters to quit even if the conditions to withdraw are not met. After a node has served as a master for some period of time or if its energy level is below a certain value of ELi and the average of its neighbors, it will withdraw even if there are no masters nearby. The only exception is if some neighbors can only be connected to the network via that node.

# B. Features of EE-MAC

In EE-MAC, since masters do not operate in power saving mode and can forward packets all the time, the packet delivery ratio and packet delay can be improved greatly compared to PSM. In this section, we present the important features of EE-MAC. In the original PSM, a node with packets to transmit will send an ATIM frame to the destination, and both source and destination will stay awake in that beacon interval, no matter how many packets need to be transmitted. While this approach has its advantages, it may result in much higher energy consumption than necessary. For example, if a source only has one packet pending, they have to waste the whole beacon period to deal with this packet. To avoid this, we add the number of data packets remaining at the sender to every data packet sent to the destination. This information allows the destination to know when it has received all pending packets for it. When the source or destination have sent or received all their packets, they can enter sleep mode until the beginning of the next beacon interval.

When nodes are trying to send packets, they first deal with those to be sent to slave nodes. After transmitting all packets to slave nodes, packets between masters can be sent. By using this method, slaves can be in sleep mode as long as possible. In EE-MAC, most packets are forwarded by masters and packet routing via slaves is kept to a minimum. To take advantage of this, each slave uses history information to decide their sleep time. When a node observes two consecutive beacon intervals without any packets addressed to it, it will decide to sleep through the next beacon interval. The corresponding master

must store this information since failure to get an ACK does not guarantee a broken link. If the master does not know a slave's situation, it just buffers the packets to that slave. Only when the master does not hear from a neighboring slave for two consecutive beacon intervals does it discard these packets. Nodes in an ad hoc network may move randomly. Thus, to quickly adapt to network topology changes, a node informs its neighbors of its status, master or slave, by using the power management bit in the MAC header. Since the MAC header can be heard anywhere in the network, including RTS/CTS packets, this information will help neighbors to know each other's situation.

### V. PERFORMANCE EVALUATION

Our conclusions are based on the results gathered by extensive simulation of a network model, which implements EE-MAC. For the simulations, we used Network Simulator-2 (NS-2) [13,14]. For comparison with EE-MAC, we also implemented IEEE 802.11 and its PSM mode. We consider 25, 50 and 75 nodes moving in a square area of 500m×500m, 750m×750m and 1000m×1000m based on a mobility model called random waypoint [15]. Initially, each node chooses a random position in the area, chooses a random destination, chooses a speed at random uniformly distributed between 0m/s and 10m/s, and moves towards the destination at the chosen speed. The node then pauses for a period of time before repeating the same process. Longer pause times reflect lower node mobility and shorter pause times reflect higher mobility. Simulations were performed for 400 seconds, so a 400 second pause time means no node mobility. Some of our simulation parameters are shown in Table I.

TABLE I SIMULATION PARAMETERS

Parameters	Value
Channel frequency	2.4 GHz
Data rate	2 Mbps
Basic rate	1 Mbps
SINR threshold	7 dB
Transmission range	250 meters
RTS retry limit	7

Each source node generates a Constant-Bit-Rate (CBR) flow to the destination with 256 byte packets. We vary the number of sources and the number of packets sent per second to change the network load. A network load of 10% means that the total bit rate of all traffic sources is  $2\times10\%=0.2$  Mbps. DSR [16] is used as the routing protocol. From the simulation results, we observe that network load has a significant impact on all three protocols. However, we show that varying the network load affects these protocols differently in terms of our performance metrics.

In Figures 3, we show the packet delivery ratio under different network loads from 10% to 40%. When the network load is

low (10%), 802.11 performs a little better than EE-MAC while EE-MAC provides a significant improvement over PSM. As the network load increases to 40%, all three protocols become worse due to the higher collision rate. However, the performance differences between 802.11 and EE-MAC, and EE-MAC and PSM also increase, which means heavier traffic has more impact on EE-MAC than 802.11 because under a heavy network load, the master election algorithm operates more frequently to rotate masters and slaves. Among the three protocols, PSM always performs worst. PSM drops significantly more packets than the others because of the existence of a fixed ATIM window, which wastes bandwidth. When the traffic is high, it is possible that the ATIM window is not long enough to advertise all pending packets, or the buffered data packets cannot all be sent out during a beacon interval. On the other hand, EE-MAC has the advantage of masters, which never enter sleep mode, so traffic between masters does not need to be advertised. Coupled with the fact that most of the network traffic is data traffic between masters. EE-MAC can use a shorter ATIM window than PSM and thus pro-vide better performance than PSM. EE-MAC is worse than 802.11 because it still uses an ATIM window in every beacon interval which wastes some bandwidth. Moreover, the overhead of the master election algorithm and using fewer nodes to forward packets also decreases the packet delivery ratio.

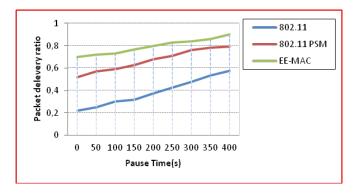


Fig. 3 Packet delivery ratio with 50notes

In Figure 4, we present the average packet delay. Again, 802.11 perform the best among the three techniques, and as the network load becomes heavier this advantage increases. EE-MAC is not much worse than 802.11, but is far superior to PSM. PSM suffers from long packet delays mainly because of its mechanism of receiving-buffering-advertising-sending. Thus, each hop in a PSM network corresponds to the length of the beacon interval. In addition, if the network load is high, some packets have to be buffered up to 3 beacon intervals before being sent out. Note that packets are dropped if they have been kept in the buffer for 3 beacon intervals. These factors cause PSM to have poor packet delay performance. Similarly, the overhead due to master elections, using ATIM windows, and fewer routing nodes, results in EE-MAC having higher packet delays than 802.11.

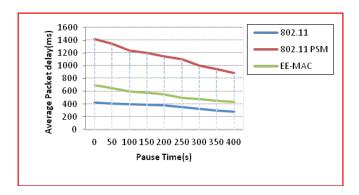


Fig. 4 Average Packet delay with

In Figures 5, the metric of most interest in this paper, energy efficiency, is presented. The results show that EE-MAC performs best among all protocols. This is because EE-MAC allows slave nodes to enter sleep mode when no packets are addressed to them, but there always exist awake nodes (masters) to forward packets. Furthermore, EE-MAC can tell slaves to enter sleep mode once they have finished receiving all data ad-dressed to them in a beacon interval. These benefits allow EE-MAC to nicely balance energy consumption and packet delivery ratio, resulting in much better energy efficiency. PSM does perform better than 802.11 and is comparable to EE-MAC under light network load conditions. As the network load increases, PSM becomes worse very quickly due to high data packet loss. Moreover, more nodes need to participate in packet forwarding under a heavy network load, which means more nodes must stay awake all the time, causing high energy consumption.

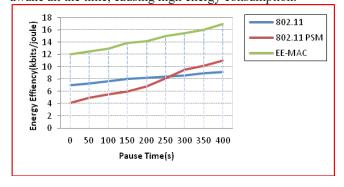


Fig. 5 Energy Efficiency

From the results shown, it is clear that high mobility decreases the performance of all three protocols. Overall, mobility has a greater impact on EE-MAC than the other two protocols. The reason is that with high mobility, the network topology changes rapidly and links between nodes can break often. Thus, the master election algorithm has to operate frequently, which introduces more overhead than with low mobility. Although mobility impacts EE-MAC in terms of packet delivery ratio, it still performs better than PSM. In terms of energy efficiency, PSM performs very badly because under high mobility, frequent route discovery messages cause a node to stay awake much of the time.

### VI. CONCLUSION

This paper presented EE-MAC, an energy-efficient MAC protocol for mobile ad hoc networks. The goal was to reduce energy consumption in an ad hoc network without significantly reducing network performance. The key idea of EE-MAC is to elect some nodes to form a connected dominating set and use this as a virtual backbone to route packets, while other network nodes, called slaves, stay in power-saving mode. EE-MAC is a cross-layer design, which spans the network layer and the MAC layer.

The performance of EE-MAC was evaluated using the NS-2 network simulator, and compared to IEEE 802.11 with and without power saving mode. The results show that IEEE 802.11 performs better than EE-MAC in terms of packet delivery ratio and average packet delay. However, EE-MAC exceeds IEEE 802.11 in energy efficiency and is much better than PSM in overall terms. The network load has a great impact on the behavior of EE-MAC. Under a light network load, EE-MAC is only slightly worse than IEEE 802.11, but as the network load increases, the difference in performance between EE- MAC and IEEE 802.11 increases because EE-MAC needs to rotate masters and slaves more frequently with high traffic and EE-MAC still uses the ATIM window. The results also show that the higher the node density, the better EE-MAC performs. In summary, a mid-sized network with relatively high node density is the best environment to utilize EE-MAC.

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